

# Jewish Disabilities advocates partners celebrate Jewish Disability Awareness and Inclusion Month

The synagogues and community organizations that are part of Jewish Family Service's Jewish Disabilities Advocates (JDA) will focus on chronic health conditions and pain during Jewish Disability Awareness, Acceptance & Inclusion Month (JDAIM). Chronic health conditions and pain are often invisible disabilities that receive less attention, and about which less is known. Examples of chronic health conditions can be found across the age spectrum, making the theme relevant to all age groups.

The programs and services listed below are open to anyone in the community.

# **JDAIM Kick Off Event with Maggie Whittum** Tuesday, February 1, 7:00 p.m. on Zoom

Maggie Whittum, a re-emerging artist who survived a massive brainstem stroke at age 33 will share her story of illness and identity. Her goal is to help others understand the physical and emotional impacts of chronic pain as well as her experience with loss and resilience. Her JDAIM presentation will also draw from her upcoming documentary, *The Great Now What*. Register to attend



# JDA PARTNER EVENTS:

## Har HaShem JDAIM Shabbat Services

Friday, January 28, 6:00 p.m. Streaming live and in-person Madeline Cohen will speak about her experience living with Long Haul COVID. Join the streaming service

## Hillel of Colorado JDAIM Winter Wellness

Hillel students will have programming each week of February supporting student mental and physical health and wellness while raising awareness about chronic health conditions and chronic pain. See event lineup

## B'nai Havurah Inclusivity Shabbat Service Living with Chronic Health Conditions: Learning from our Community

Saturday, February 5, 10:00 a.m. on Zoom Join us at our annual Shabbat recognizing Jewish Disability Awareness, Acceptance & Inclusion Month (JDAIM). B'nai member Dr. Dave Gordon will moderate as four congregants, all living with chronic health conditions, share their stories, their conditions' impact on them, and how we as a community might provide support through awareness and inclusivity. Learn more and register

#### **Bonai Shalom JDAIM Shabbat Service**

Saturday, February 5, 9:30 a.m. Streaming live and in-person

Rabbi Charna will lead part of the service and give the D'var Torah drawing on her personal experience living with a brain injury.

Join the streaming service

### **Bonai Shalom Panel Discussion - Living with Chronic Health Conditions/Chronic Pain** Sunday, February 6, 4:30 p.m. on Zoom

Our five panelists will share their experiences living with chronic health conditions/chronic pain. They will inform us as to how the Jewish community has supported them and also offer suggestions as to how our Bonai community can improve our support. The presentations will be followed by Q&A. Presenters are Rabbi Charna Rosenholtz, Dr. Robert Winer, Katie Schwalb, Rachel Balows, and Debbie Garelick. Register to attend

#### **Rodef Shalom JDAIM Shabbat**

Saturday, February 12, 9:30 a.m. Streaming live and in-person Three speakers will share their experiences living with chronic conditions. Join the streaming service

## **OTHER COMMUNITY JDAIM EVENTS:**

#### **Temple Sinai JDAIM Shabbat**

#### Friday, February 11, 6:00 p.m. Streaming live

Join us for a Jewish Disability Awareness and Inclusion (JDAIM) Shabbat. Our very special guest speaker is Rabbi Sandra Cohen, who will share her story about living with chronic conditions. Join the streaming service

#### **Temple Emanuel Torah Study**

Saturday, February 12, 9:30-10:30 a.m. Join Cantor Elizabeth Sacks for online Torah Study on Tetzaveh: Building Together Toward an Inclusive Community. Three ways to join: <u>Zoom</u> | <u>Stream</u> | <u>Facebook</u>

#### **Judaism Your Way Youth Spoon Havdalah** Saturday, February 12, 6:30 p.m. on Zoom

Youth ages seven and up are invited to join Rabbi Amanda for an exploration of what it's like to live with chronic health conditions and pain. We will do this through playing a game using spoon theory and listening to a guest educator and expert on the topic. We will also make encouraging cards for students at Morgridge Academy, a school in Denver serving students with chronic illness. Register to attend

#### **Judaism Your Way JDAIM Shabbat aLive** Friday, February 18, 5:00 p.m. on Zoom

This month's Shabbat aLIVE service will focus on this year's JDAIM theme of raising awareness about chronic health conditions and pain. The service will feature JYW community members sharing about their experiences living with chronic conditions and pain as well as discussion around the topic. ASL interpreting will be offered.

Register to attend

## Denver Jewish Film Festival Film: Here We Are

Sunday, February 20, 1:00 p.m. at Elaine Wolf Theater at Denver JCC <u>Get tickets</u> or <u>see it virtually</u> February 21-27 Sponsored by Jane E. Rosenbaum

Aharon has devoted his life to raising his son Uri. They live together in a gentle routine, away from the real world. But Uri is autistic, and now as a young adult it might be time for him to live in a specialized home. While on their way to the institution, Aharon decides to run away with his son and hits the road, knowing that Uri is not ready for this separation. Or is it, in fact, his father who is not ready?