



Jewish Family Service

JEWISH DISABILITIES ADVOCATES

# Chronic Health Conditions Support Group

We seek to foster connection and community among those experiencing chronic health conditions, pain, and disability.

Do you experience misunderstanding, isolation, or loneliness related to a chronic condition?

We aim to:

- Build a safe and compassionate space
- Provide validation
- Support and learn from one another

This lay-led group meets virtually for 1.5 hours monthly

INTERESTED

📞 720.244.9292 (NO TEXT)




**BENEFITS**

- Connection
- Community
- Support
- Information
- Empathy

## UPCOMING MEETINGS

Sept. 28, Oct. 26, Nov. 30, Dec. 28  
6:00-7:30 p.m. on Zoom

## MORE INFORMATION

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